



## The West of Sardinia - from Alghero to Cagliari

8 days / 7 nights

An enchanting cycle tour through this charming Island, off the beaten track. From Alghero in the Northwest to Cagliari in the southeast. All along the west coast this route is a passage through the region's incredible history, marked by a succession of many civilizations.

### YOUR PROGRAM

#### Day 1 - Arrival at Alghero

Arrival at Alghero airport. Transfer (not included) to Alghero, Check-in and welcome.

#### Day 2 - Tour Alghero – Bosa

About 45 km – Total elevation gain: 620 m.

This day begins with a tour through the cobbled and narrow streets of old Alghero. From Alghero and Riviera del Corallo, a splendid Aragonese village, you ride on a scenic road overlooking the sea, alternating up and down, until you reach the medieval town of Bosa. It's the only true river town of Sardinia, and its famous for its wine, embroidery, gold filigree and leather tanneries. Overnight in Bosa.

#### Day 3 - Bosa – San Salvatore

About 68 km – Total elevation gain: 430 m.

This stage is somewhat long, but not too hard. The most challenging climbs are during the first 20 km. The rest of the ride is mostly flat. From the medieval town of Bosa, you come to the village of San Salvatore known as Santu Sradadoi Cabraese in the dialect. One of the pearls of the west coast, San Salvatore is a very typical example of a temporary religious centre in Sardinia. Dinner and overnight in San Salvatore.

#### Day 4 - San Salvatore – Torre dei Corsari

About 73 km – Total elevation gain: 338 m.

This stage is just a little longer than the previous day's, but it's relatively flat. During the first part of the stage, you continue to ride along the jagged coastline with its alternating views of the sea and of the lagoons that abound in this area of Sardinia. Overnight and dinner at Torre dei Corsari.

#### Day 5 - Torre dei Corsari - Portixeddu

About 73 km – Total elevation gain: 530 m.

First part of this stage is flat. The road begins to rise slightly as you approach the small village of Guspini, after which the climb becomes more challenging. Here you leave the coastline and ride into the heart of the Sardinian mining area. You also ride through Arbus, famous for fine handcrafted knives. Then you descend on a beautiful mountain road toward the sea where the ride ends at Portixeddu. Careful management of your energy, especially during the first part of this stage will allow you to easily tackle the more difficult climbs in the middle of it. Dinner and overnight in Portixeddu.

#### Day 6 - Portixeddu – Porto Botte

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About 74 km – Total elevation gain: 550 m.

You begin cycling along the sea and then head briefly inland. The overall altitude gain during this stage is low to medium, with most of the gain during the first 12 km where you experience 15% grades. The view of the white cliffs along the sea here and the enchantment of Sugarloaf Mountain are your rewards for this unique and unforgettable stage. Overnight in Sant'Antioco.

#### **Day 7 - Sant'Antioco – Pula**

About 75 km – Total elevation gain: 450 m.

From Sant'Antioco you experience the series of ups and downs that characterize this stage. The special feature of this stage is the stretch of coastal road from Porto Teulada Chia. Recognized as one of the most beautiful coastal roads in the world, this stretch features a variety of colors, very often pastels, in contrast with the deep blue sea. And, of course, there are the ever-present Aragonese towers that once protected this coastline. They're from the time of the Spanish occupation of Sardinia. Overnight in Pula.

#### **Day 8 - Time for departure**

Transfer to Cagliari airport and end of services.

## Additional information

### **TARIFFS**

Price from 1210 euros per person.

### **OPTIONS**

GPS tracks on USB stick : 25 euros per person.

### **INCLUDED**

- Seven nights in a double-room
- Detailed briefing and a Road-Book containing tour details
- GPS with preloaded stage routes
- Helmet
- Telephone assistance during your stay
- Luggage transport

### **NOT INCLUDED**

- Flight tickets
- Arrival and departure transfer
- Bikes for the tour
- Extras in hotels, etc.
- Travel insurance

Anything not mentioned in the price

### **LEVEL OF DIFFICULTY**



Daily distance between 40 and 75 km.

Daily elevation gain between 400 and 700m.

**CARRYING**

Luggage transfers by vehicle. You only need to take your day bag with you (for picnics, cameras etc.).

**ACCOMMODATION**

Accommodation for 7 nights in 3 or 4 star hotels.

3 dinners included.

**SIZE OF GROUP**

Based on 2 people

**DEPARTURES**

Every day from the beginning of April to the end of October.

**DEPARTURE**

At Alghero Airport.

**DISPERSION**

On Day 8 at Cagliari Airport.