



## "Parc du Pilat" leisure cycling holiday in the Rhône-Alpes

7 days / 6 nights

A week's cycling itinerary to discover the diversity of the countryside within the natural park of Pilat: prestigious vineyards (Côte Rôtie, St Joseph, Condrieu), orchards, rolling hills, high plateaux and thick forests. Discover picturesque villages and local produce. A fairly unexplored region of the Rhône-Alpes is waiting to be enjoyed!

A holiday far from big hotels. Instead you will be given a warm and sincere welcome by your hosts in small chambres d'hôtes. All of the accommodation used is part of "Relais Vélo", which means you will be welcomed with your bicycle, and should have access to a garage, a repair area and some advice.

### YOUR PROGRAM

#### Day 1 - Arrive at Pélussin

Arrive at Pélussin in the afternoon and make yourself comfortable in your chambre d'hôtes. Enjoy some time to relax. Night in Pélussin.



#### Day 2 - The Régis cross

For the first day, a little warm up on your bikes will allow you to visit la Chartreuse de Sainte Croix (classed as one of the most beautiful villages in France) and the village of Longes. There's the possibility to make a visit to "Les Saisons de Rosalie", a master jam maker. You'll make your first discovery of the Parc du Pilat through the Pays du Gier: open landscapes, moors or pastures, followed by deep gorges and deep forests. Pass across the col de Pavezin.

Option A: 40 km for 643 m+; 609 m-

Option B: 56 km for 958 m+; 881 m-

Night in a chambre d'hôtes: the owner will welcome you into his house situated in large grounds, including a terrace and flower garden at the edge of the forest. You can taste the local jams at breakfast and local produce for dinner.



### Day 3 - Chavanay

Today's ride will allow you to enjoy the hills and vineyards of the region. Feel free to take a detour down little lanes to reach the vineyards of Côte Rôtie or St Joseph...

Option A: 63 km for 856 m+; 1210 m-

Option B: 71 km for 1104 m+; 1456 m-

Night in a chambre d'hôtes:

A chambre d'hôtes with green credentials, Claudine will welcome you with warmth in this rustic setting.

Simple cooking in harmony with the seasons will tickle your tastebuds...



### Day 4 - Rivoire

After the Rhône valley, you will penetrate the area known as the Pilat Rhodanien with its orchards and the medieval village of Malleval, giving you a taste of the south. Further on you will discover the Valley of Déôme, with picturesque villages and charming countryside, including Ternay lake.



Option A: 36 km for 805 m+; 492 m-

Option B: 59 km for 1224 m+; 911 m-

Night in a chambre d'hôtes:

Amandine and Jocelyn will give you a warm welcome in their house dating from the 16th century; a place of rest with an excellent view.

The bedrooms are very comfortable and the cooking includes many vegetables direct from the garden.



### Day 5 - Bessat

Following on from the area known as la Rivoire, you will climb the Col de la République before discovering the countryside of upper Pilat. Enjoy the mountain village of Bessat with its granite houses.

Option A: 40 km for 1050 m+; 404 m-

Option B: 59 km for 1323 m+; 670 m-

Night in a hotel:

At the heart of the massif du Pilat and the village of Bessat, you will be welcomed in a comfortable and relaxed setting. You will be delighted by the local cooking.



### Day 6 - Pélussin

From the village of Bessat, 2 itineraries are on offer to you. Either a short and easy route which allows you to end your holiday with ease, or an itinerary more engaging, allowing you to explore another area of the parc du Pilat, which is heavily wooded and steep until just before the dam at Dorlay. You will cycle over 3 cols: Oeillon, Doizieux and le Croix de Montvieux.

Option A: 26 km for 295 m+; 993 m-

Option B: 52 km for 840 m+; 1537 m-

Night at a chambre d'hôtes in Pélussin where you can rest after a great day on the bike!





### **Day 7 - The end**

End of your holiday after breakfast.

## **Additional information**

### **TARIFFS**

590 euros per person.

Hybrid bike hire + delivery : 170 euros per person.

Single room supplement : 250 euros per person.

Full board supplement : 70 euros per person.

### **INCLUDED**

6 nights in double rooms, 6 breakfasts, 6 evening meals, luggage transfer to each accommodation, maps and route notes for each day.

### **NOT INCLUDED**

Transport to/from the start/end point of the holiday, transfers not mentioned in the programme, insurance, drinks, bikes, lunches, any visits of tourist sites, optional activities and personal expenses.

### **LEVEL OF DIFFICULTY**

The cycling is easy, but some level of fitness is required.

### **CARRYING**

Your luggage will be transferred between accommodation. You only need to carry items that you need for the day (wallet, camera etc).

### **ACCOMMODATION**

Nights in hotels and chambres d'hôtes.

### **SIZE OF GROUP**

From 2 people

### **DEPARTURES**



Depart every day from March to October.

**DEPARTURE**

Rendez-vous at your chambre d'hôte at Pélussin (50km south of Lyon).

**DISPERSION**

Day 7, after your breakfast at Pélussin.